

Love Your Body Week

November 6 - November 10

06

EMBRACE YOUR ROOTS

- WHO: JANITA KILGORE, MIA MARSHALL, & MARKEEA HART
- WHEN: 6:00 P.M. - 8:00 P.M.
- WHERE: 008 HUB (LION'S LIAR LOUNGE)



06

YOGA & MEDITATION

- WHEN: 12:30 P.M. - 1:30 P.M.
- WHERE: HUB 232



06

POWER REMIX

- WHEN: 12:30 P.M. - 1:30 P.M.
- WHERE: IM BUILDING, RM 124/5



07

TOTAL BODY FITNESS

- WHEN: 9:00 A.M. - 9:45 A.M.
- WHERE: WHITE BUILDING RM 117



08

HIIT

- WHEN: 3:00 P.M. - 3:45 P.M.
- WHERE: IM BUILDING RM 124/5



08

YOGA & MEDITATION

- WHEN: 5:30 P.M. - 6:30 P.M.
- WHERE: 122 PASQUERILLA



09

STORYTELLING AS ACTIVISM WORKSHOP

- WHO: ST. CLAIR DETRICK-JULES
- WHEN: 3:00 P.M. - 4:00 P.M.
- WHERE: HUB 233A



09

MY BEAUTIFUL BLACK HAIR

- WHO: ST. CLAIR DETRICK-JULES
- WHEN: 6:30 P.M. - 7:30 P.M.
- WHERE: FLEX THEATER



09

YOGA & MEDITATION

- WHEN: 3:30 P.M. - 4:30 P.M.
- WHERE: 122 PASQUERILLA



09

ZUMBA

- WHEN: 5:30 P.M. - 6:15 P.M.
- WHERE: IM BUILDING RM 7



10

POWER REMIX

- WHEN: 4:15 P.M. - 5:00 P.M.
- WHERE: IM BUILDING RM 124/5

